





1. **Name in Full :** Dr. SAURABH VARSHNEY (डा. सौरभ वार्ष्णेय)
2. **Date of birth :** 08th November 1968
3. **Date of joining:** 23.06.2020 {(AIIMS, Deoghar (Jharkhand) } - on deputation


Experience of Starting 3 Institutions-

STEPWISE 


1996- Assistant Professor

Started 
**ENT Department-
Himalayan Institute
of Medical Sciences,
Dehradun**
(MBBS/MS/BASLP/DHLS
courses)

2013- Professor & Head


Started 
**ENT Department
AIIMS Rishikesh**
{MBBS/MS/M.Ch (H&N)
courses}

2020- Executive Director & CEO

Started 
AIIMS Deoghar
{MBBS /B.Sc (N) courses }

SPECIAL EXPERIENCES

27.04.2021 +918475000273 / drsaurabh68@gmail.com



Director & CEO- AIIMS Patna (2021-22)

Academic Qualifications :

Qualification	Year	University
MBBS	1990	Aligarh Muslim University, Aligarh
M.S. (E.N.T.)	1994	
D.H.A. (Dip. in Hospital Admn)	1995	IHCA , Madras
PGDMLS (Post Graduate Dip. In Medicolegal Systems)	1999	SCHC Pune
F.I.A.O. (Fellow, Indian Academy of Otolaryngologists)	2000	Indian Academy of Otolaryngologists
D.B.A. .(Dip. Business Adm.)	2001	IIMT Chennai
M.A.M.S. (Member National Academy of Medical Sciences)	2002	National Academy of Medical Sciences (NAMS)
F.I.H.F. (Fellow, International Hearing Federation)	2004	International Hearing Federation (U.S.A.)
Certificate course – Global Tobacco Control	2010	John Hopkins Bloomberg School of Public Health, Baltimore, U.S.A
Certificate course – Second Hand Tobacco Smoke	2012	John Hopkins Bloomberg School of Public Health, Baltimore, U.S.A.
FIMS. (Fellow, International Medical Science Academy)	2013	International Medical Science Academy
FIAOHNS (Member, Indian Academy of Otorhinolaryngology and Head Neck Surgery)	2015	Indian Academy of Otorhinolaryngology and Head Neck Surgery, Chennai
FAGE (Fellow, Academy of General Education)	2015	Academy of General Education, Manipal
F.A.M.S. (Fellow National Academy of Medical Sciences)	2016	National Academy of Medical Sciences
FICS. (Fellow- International College of Surgeons)	2017	International College of Surgeons
Certificate course – Antimicrobial Stewardship: a competency based approach	2018	WHO (Online)
FIABS. (Fellow Indian Academy of Biological Scientists)	2018	Indian Academy of Biological Scientists
Certified Da Vinci Xi Robotic Surgery- “Console Surgeon”	2018	Intuitive Surgicals, USA
FACS (Fellow, American College of Surgeons)	2020	American College of Surgeons, USA
D.Sc (hc)	2023	Amity University, India

Professional Experience (Academic/Teaching/Clinical/Research/ Administration)

Teaching Experience (Post PG)- 28+ Years ; Professor- 18+ Years

Post	Institute	Period
Executive Director & CEO	All India Institute of Medical Sciences (AIIMS) , Deoghar	23.06.2020 to till date
Director & CEO (Additional Charge)	All India Institute of Medical Sciences (AIIMS) , Patna	06.12.2021 to 04.07.2022
Dean (Student Welfare)	All India Institute of Medical Sciences (AIIMS) , Rishikesh	06.09.2019 to 29.05.2020
Chief Provost	All India Institute of Medical Sciences (AIIMS) , Rishikesh	01.02.2018 to 06.09.2019
Provost & I/C Sports	All India Institute of Medical Sciences (AIIMS) , Rishikesh	29.09.2017 to 31.01.2018
Vice Dean (Students welfare & Sports)	All India Institute of Medical Sciences (AIIMS) , Rishikesh	26.05.2017 to 28.09.2017
Sub Dean (Academics/ Research)	All India Institute of Medical Sciences (AIIMS) , Rishikesh	19.12.2014 to 07.02.2017
Dean (Acting)	All India Institute of Medical Sciences (AIIMS) , Rishikesh	25.04.14 to 19.06.14
Deputy Dean	Himalayan Institute of Medical sciences,; Dehradun	21.08.09 to 05.03.2013
Professor & Head	All India Institute of Medical Sciences (AIIMS) , Rishikesh	04.06.2013 to 21.06.2020
	Himalayan Institute of Medical sciences, Dehradun	26.01.06 to 18.03.2013
Professor	All India Institute of Medical Sciences (AIIMS) , Rishikesh	19.03.13 to till date
	Himalayan Institute of Medical sciences, Dehradun	01/04/05 to 18/03/2013
Associate Professor	Himalayan Institute of Medical sciences, Dehradun	01/04/01 to 31/03/05
Assistant Professor	Himalayan Institute of Medical sciences, Dehradun	21/03/99 to 31/03/01
	A.I.I.M.S.; New Delhi	21/12/98 to 20/03/99
	Himalayan Institute of Medical sciences, Dehradun	14/03/96 to 20.12.98
Senior Resident	J.N. Medical College, A.M.U., Aligarh.	03/08/93 to 13/03/96

Administrative Experience: Experience 18+ years

Designation /Post	From	Upto
AIIMS- Deoghar (on Deputation)		
Executive Director & CEO	23.06.2020	Till date
AIIMS- Patna (Additional Charge)		
Director & CEO	06.12.2021	04.07.2022
AIIMS- Rishikesh		
Professor (Otorhinolaryngology)	19.03.2013	Till date
Professor & Head (Otorhinolaryngology)	04.06.2013	21.06.2020
Dean (Student Welfare)	06.09.2019	29.05.2020
Chief Provost	01.02.2018	07.09.2019
Provost & I/C Sports	29.09.2017	31.01.2018
Dean (Academics) (Acting)	12.05.2016	21.05.2016
	06.06.2016	21.06.2016
Vice Dean (Student Welfare & Sports)	26.05.2017	28.09.2017
Sub Dean (Academics & Research)	19.12.2014	07.02.2017
HOD (Neurosurgery)	27.07.2016	04.08.2017
HOD (Dentistry)	27.07.2016	
HOD (CTVS)	27.07.2016	
HOD (Trauma & Emergency)	10.08.2016	
Himalayan Institute of Medical Sciences; Dehradun		
Deputy Dean (Academics)	21.08.09	05.03.2013
Professor & Head	26.01.06	18.03.2013

Prizes and Distinctions :

	Award / Fellowship	Year	Place	Awarded by
1	A.O.I Travel Fellowship	1997	availed at A.I.I.M.S, New Delhi, (3 weeks)	Association of Otolaryngologists of India (A.O.I.)
2	Felicitation for Achievements	1997	Annual Conference, New Delhi	Association of Otolaryngologists of India (A.O.I.)
3	National Teachers Training Course	1998	MAMC New Delhi (1 week)	MAMC, New Delhi
4	Vikas Rattan	1998	New Delhi	India International Friendship Society
5	Best Teacher Award	1999	Dehradun	Himalayan Institute of Medical Sciences, Dehradun
6	F.I.A.O. (Fellow, Indian Academy of Otolaryngologists)	2000	New Delhi	Indian Academy of Otolaryngologists
7	M.A.M.S. (Member National Academy of Medical Sciences)	2002	New Delhi	National Academy of Medical Sciences (NAMS)
8	Scientists Exchange Programme (Scholarship)	2003	Availed at Tata Memorial Hospital, Mumbai (4 wk)	National Academy of Medical sciences
9	Yusuf Patel Foreign Travel Fellowship	2004	U.S.A.	Association of Otolaryngologists of India (A.O.I.)
10	International Guest Scholarship	2004	U.S.A. (3months)	American College of Surgeons • 2 nd ENT Surgeon to get in India in last 100 years
11	C.S.I.R. Scholarship- to attend conference abroad	2004	U.S.A.	Council of Scientific Industries and Research (CSIR)
12	F.I.H.F. (Fellow, International Hearing Federation)	2004	Minneapolis, U.S.A.	International Hearing Federation (U.S.A.)
13	Tobacco Control Technology Grant (TCTG)	2005	-	International Union Against Cancer (UICC),U.K.
14	“PA SHAH – Junior Consultant Award Paper”- SILVER MEDAL	2006	58 th AOI Conference, Lucknow	Association of Otolaryngologists of India (A.O.I.)

15	S.P.AHLUWALIA Award	2008	60th AOI Conference, Agra	Association of Otolaryngologists of India (A.O.I.)
16	Lance Armstrong Travel Scholarship	2009	Live strong Global Cancer summit; Ireland	Live strong Foundation, UK
17	Commonwealth Academic Staff Fellowship	2010	Selected	University Grants Commission (UGC)
18	KU SHAH – Senior Consultant Award Paper- -SILVER MEDAL	2013	66 th AOI Conference, Mysore	Association of Otolaryngologists of India (A.O.I.)
19	F.I.M.S.A. (Fellow, International Medical Science Academy)	2013	New Delhi	International Medical Science Academy
20	M.I.A.O.H.N.S (Member, Indian Academy of Otorhinolaryngology and Head Neck Surgery)	2015	Chandigarh	Indian Academy of Otorhinolaryngology and Head Neck Surgery, Chennai
21	Vishish Chikitsak Samman	2015	Dehradun	Presented by State Health Minister
22	F.A.G.E. (Fellow, Academy of General Education)	2015	Manipal	Academy of General Education, Manipal
23	FAMS (Fellow National Academy of Medical Sciences)	2016	New Delhi	National Academy of Medical Sciences
24	Samman Patra	2016	Saharanpur	Northern Thyroid Society
25	National Health Award- 2017	2017	New Delhi	IMA & Double Helix
26	Jewel of India	2017	New Delhi	India Solidarity Society
27	FICS (Fellow- International College of Surgeons)	2017	India	International College of Surgeons
28	ICMR International Fellowship (Senior Scientist) - 2018-19	2018	USA	Indian Council of Medical Research
29	Distinguished Researcher Award	2018	-	AIIMS, Rishikesh
30	FIABS (Fellow Indian Academy of Biological Scientists)	2018	India	Indian Academy of Biological Scientists

31	Certificate of appreciation	2019	Rishikesh	Inner Wheel Club, Rishikesh (In recognition of outstanding Professional dedication and commitment)
32	CSIR –PFA International Travel Scholarship	2019	India	Council of Scientific and Industrial Research (CSIR)
33	Special Award (Annual award)	2019	Uttarakhand	Indian Medical Association (IMA) – Uttaranchal State Branch
34	WHO Fellowship for biennium 2018-19	2019	Galilee International Management institute, Israel	World Health Organization (WHO)
35	F.A.C.S. (Fellow, American College of Surgeons)	2020	American College of Surgeons, USA	F.A.C.S. (Fellow, American College of Surgeons)
36	IMA- AMS – Honorary Professor	2020	IMA- Indian Medical Association	Indian Medical Association- Academy of Medical Sciences
37	Honorary Rosalind member	2021	-	London Journal Press (ID #EM55587)
38	Mrs. Abida Mahdi Award - IABS award	2021	Indian Academy of Bomedical Scientists	for a Scientist who has made outstanding contributions in the field of Neurosciences.
39	State Award on Doctor`s Day	2022	Jharkhand Government	Jharkhand Government (Covid Care)
40	“कोरोना वारियर सम्मान” (15.01.2023)	2023	सेवार्थ फ़ाउंडेशन ,	सेवार्थ फ़ाउंडेशन , देवघर

Recognition / Honours

- **National Member- IMA Standing Committee for National Initiative for Safe Sound (NISS) (Jharkhand State) (2021)**
- **National member- IMA Standing Committee on Cancer and Tobacco control.(2021)**
- **Honorary Rosalind member of London Journal Press (ID #EM55587)**
- **Member- Standing Committee - Building and Auditorium, NAMS (New Delhi) (04.03.2022)**
- **Member – WHO SEAR Group on Deafness**
- **Member, Specialists Board- ENT (National Board of Examinations)**
- **Chairperson, Research Advisory Committee, MRU (ICMR), Govt. Medical College, Haldwani**
- **National consultant - FOPL (Front of Package Labelling), GoI**
- **State Nodal officer- Uttrakhand State –National Programme for Prevention and Control of Deafness; Government of India - NPPCD” (2006 till 2013)**
- **State Coordinator- Uttrakhand State - National Initiative for Safe Sound (NISS)- IMA & AOI initiative (Feb. 2017 – June 2020)**
- **Indian Contact, International Agency on Tobacco & Health (IATH), United Kingdom (2000-2008)**
- **International Guest Scholar (IGS), American College of Surgeons- 2004**
- **Tobacco Control Technology Grant (UICC, UK)- (2005)**
- **Commonwealth Academic Staff Fellowship- (2010)**
- **ICMR-International Fellowship (Senior Scientist) (2018)**
- **WHO Fellowship for biennium 2018-19 (2019)**
- **Fellowship (08) - International Hearing Federation (FIHF); International Medical Science Academy (FIMSA); Indian Academy of Otolaryngologists of India (FIAOI) Academy of General Education (FAGE), National Academy of Medical Sciences (FAMS); International College of Surgeons (FICS), Indian Academy of Biological Scientists (FIABS), Fellow American College of Surgeons (FACS)**
- **Radio / Doordarshan talks : 22**
- **Post Graduate Teacher- since 2001**

- **Professional Fellowships- 08, Membership- 23**

- **Editorial Board-** Chief Editor/Associate Editor /Member/ Advisor (17)
- **Reviewer for Journals-** (23)- { Reviewed >400 articles till now }
- **Teaching Experience – UG-** 29+ Years, **PG-** 22+ Years

Publications: ORCID ID – 0000 0002 1263 1980

- **Publications – 336**
- **Chapters in Books- 10**
- **Books- 03**
- **Monograph-01**

Presentations :

- **Orations/ Plenary Lecture/ Key note Delivered- 17**
{02 International; 05 National; 04 Regional; 04 State Conferences}
- **Guest Lectures – 59**
- **Invited Talks- 69**

Guide / Co Guide in Research Projects –

- **PG Thesis (MS- ENT)- Guide- 32 , Co Guide- 14**
- **M.Ch (Plastic Surgery)- Co Guide- 01**
- **Ph. D. Thesis- 02**
- **ICMR Research Projects- 01**
- **CSIR Project -01**

Co ordinator- 8 Basic Airway Courses at AIIMS Rishikesh (2018-20)

Co ordinator- 3 Faculty Development Programmes – Medical Education at AIIMS Rishikesh (2018-20)

Certified courses/ Training done-

1. BLS (Basic Life Support) (2010, 2017, 2019)
2. ACLS (Advanced Cardiac Life Support) (2018)
3. ATLS (Advanced Trauma Life Support) (2017)
4. **ATLS- Instructor /Provider Course** (2018)
5. Basic Airway course (2018)
6. Advanced Airway course (2018)
7. Certificate course – Antimicrobial Stewardship: a competency based approach (WHO) (2018)
8. Hand Hygiene (2017)
9. Biomedical waste management (2017)
10. Hand Hygiene (2017)
11. Evidence Based Medicine (2018)
12. Occupational Hazards & vaccination (2018)
13. Fire Safety (2019)
14. PARI- DODS – “Joint international course (New Delhi- Leeds- Edinburgh) on public health policy administration in parliamentary democracy”; New Delhi, London, Leeds Edinburgh (U.K.); (29 Nov- 09 December 2019)
15. Certificate Course- Health Management Systems, Galileo International Management Institute, Israel (25 Dec – 31 Dec 2019)
16. Certificate course – Global Tobacco Control - John Hopkins Bloomberg School of Public Health, Baltimore, U.S.A (2010)
17. Certificate course – Second Hand Tobacco Smoke - John Hopkins Bloomberg School of Public Health, Baltimore, U.S.A.(2012)
18. **Certified Da Vinci Xi Robotic Surgery- “Console Surgeon”.Intuitive Surgicals, USA.(2018)**

Editorial Board- Chief /Associate Editor /Member/ Advisor (17)

- i. Chief - Editorial Advisory Board - Indian Journal of Otology (2006 to till date)
- ii. Editor in Chief- Indian Journal of Clinical Medicine (SAGE Publication)
- iii. Editor in Chief - Otolaryngology International (OI)
- iv. Chief Editor- Journal of ENT & Allied Sciences
- v. Editorial Board member- International Journal of Rhinology & Otology
- vi. Member- Editorial Board- Annals of Indian Academy Otolaryngology HNS
- vii. Member, Editorial Board Otorhinolaryngology Clinics (An International Journal) (2009 till date)
- viii. Member, Editorial Board, Internet Journal of Otolaryngology (2009 till date)
- ix. Member, Editorial Board- . J Case Rep OncTher
- x. Member, Journal Advisory Board- Indian Journal of Community health
- xi. Member, Editorial Board- International Journal of Medical Sciences.
- xii. Advisory Board (National), Indian Journal of Neurosciences
- xiii. Advisory Board (National), Indian Journal of Anatomy & Surgery of Head , Neck & Brain
- xiv. Member , Editorial Board - Journal of Otolaryngology Forecast
- xv. Member, National Editorial Board- IP Journal of Otorhinolaryngology and Allied Sciences
- xvi. Egyptian Journal of Neck Surgery and Otorhinolaryngology
- xvii. An International Journal of Otorhinolaryngology Clinics

Reviewer for Journals- (23) (Reviewed >400 articles till now)

- i. Indian Journal of Otolaryngology & Head neck Surgery
- ii. Indian Journal of Otology
- iii. Indian Journal of Medical research
- iv. Journal of Laryngology and Voice
- v. Journal of Maxillofacial and Oral Surgery
- vi. Oral and Maxillofacial Surgery cases Journal
- vii. Medical Journal Armed Forces India.
- viii. International Journal of Cancer Therapy and Oncology
- ix. Annals of the National Academy of Medical Sciences
- x. Indian Journal of Community Health
- xi. Journal of case reports in Oncology and Therapy
- xii. Ophthalmic Plastic and Reconstructive surgery
- xiii. Journal of Medicine and Medical Sciences
- xiv. World Journal of Clinical cases
- xv. International Journal of Health & Allied Sciences
- xvi. Ophthalmic Plastic & reconstructive surgery
- xvii. UP State Journal of Otolaryngology and Head and Neck Surgery
- xviii. International Surgery (Publication of International College of Surgeons)
- xix. Archives of Medicine and Health (Medknow)
- xx. Journal Of Pathogens (Hindawi)
- xxi. International Journal of Rhinology & Otology
- xxii. Medical Journal of Dr D. Y. Patil
- xxiii. Frontiers- Otorhinolaryngology in Surgery

Fellowship (08) / Membership (23) : Professional

Fellowships – 08

1. Fellow, Indian Academy of Otolaryngologists of India (**FIAOI**) (2000)
2. Fellow, International Hearing Federation (**FIHF**) (U.S.A.) (2004)
3. Fellow, International Medical Science Academy (**FIMSA**) (2013)
4. Fellow, Academy of General Education (**FAGE**) (2015)
5. Fellow, National Academy of Medical Sciences (**FAMS**) (2016)
6. Fellow, International College of Surgeons (**FICS**) (2017)
7. Fellow, Indian Academy of Biological Scientists (**FIABS**) (2018)
8. Fellow, American College of Surgeons (**FACS**) (2020)

Memberships (LM) - 23

1. National Academy of Medical Sciences, India (M.A.M.S.) (2002)
2. Indian Academy of Otolaryngologists (**M.I.A.O.**) (2000)
3. Indian Academy of Otolaryngology and Head Neck surgery (**MIAOHNS**) (2015)
4. Indian Medical Association
5. Association of Otolaryngologists of India (A.O.I)
6. All India Rhinology Society
7. Life India Society (Voluntary Organization) since 1992
8. Indian Society of Otology (I.S.O.)
9. Indian Red Cross Society
10. Neuro-Equilibriometric Society of India (N.E.S)
11. Sinus Endoscopic Society of India (SESI)
12. Uttaranchal Cancer Society
13. Uttrakhand State Branch of A.O.I. (U.S.A.O.I.)
14. Voice of Tobacco Victims (VoTV)
15. North Indian Thyroid Society

16. Indian Thyroid Society
17. Indian Academy of Biological Scientists (IABS)
18. Epidemiology Foundation of India (EFI)
19. IMA Academy of Medical Specialties
20. Life membership- AOI Bihar Jharkhand (27.11.2021)
21. TSI- Telemedicine Society of India (2022)
22. Member, World Hearing Forum (WHF), WHO, Geneva, Switzerland
23. Member, SOUND Hearing

PUBLICATIONS : 336 ORCID ID – 0000 0002 1263 1980

Systematic review registered

“ Role of nutritional supplements in preventing recurrent upper respiratory infections in children” (crd-register@york.ac.uk)
{ CRD – 42018092678} (10.04.18)

COPYRIGHTS: 03 E-Register: May, 2023

CHAPTERS IN BOOK- 10

- **Co- author- GOI- WHO Seven level manuals under Pilot Project National Programme for Prevention and Control of Deafness- NPPCD (2007)**

Books Published - 03

Research Projects- 42 {PI- 24; Co PI- 18}; (Extramural- 16 ; Intramural- 26), Submitted- 06

- **PG Thesis: Guide- MS- ENT-- 30 ,Co Guide- MS - 09; M Ch (Plastic surgery)- 01**
- **Ph. D. Thesis (Co Guide)- 02**
- **ICMR Research Projects (Co - Guide)- 01**
- **CSIR Project (Guide) -01**

Phd. Co Guide (02) Research Projects

- Role of salivary MMP 9 as a salivary biomarker in patients with oral squamous cell carcinoma (candidate- Dr Ashi Chugh, Dentistry)
- To study the effectiveness of liquid platelet rich fibrin (i- PRF) in the treatment of Temporo- mandibular disorders (TMD) (candidate Dr Sagarika Shukla – Dentistry)

CSIR Project- Guide (Under Senior Research Associateship- Scientists Pool Scheme)

- Patient centered evaluation of treatment of gingival recession associated with non carious lesion using coronally advanced flap and resin modified glass isomer restoration with or without platelet rich fibrin; Randomized Controlled Trial. (candidate Dr Lata Goyal – Dentistry)

Self Enrolled for Ph D (2018)

- MicroRNA expression profiles and evaluation of use of saliva for diagnosis of head neck squamous cell carcinoma.

Radio / Doordarshan talks : 22

S.No.	Topic	Broadcast/Telecast	Date
1	“ बहरापन - कारण व् बचाव ”	A.I.R Najibabad Kendra	20/04/1996
2	टांसिलाइटिस : कारण व् बचाव ”		17/11/1996
3	नाक के रोग : कारण व् बचाव ”		21/12/1997
4	तम्बाकू का सेवन और हमारा स्वाथ्य		31/05/1998
5	नशाऔर हमारा स्वाथ्य		26/09/1999
6	ENT-ON LINE-Telephone prog		10/11/2000
7	मुँह का कैंसर		03/03/2002
8	बच्चों में नाक , कान व गले के रोग		20/06/2004
9	सर्दियों में नाक , कान व गले के रोग (स्वस्थ भारत कार्यक्रम)	Doordarshan Kendra, Dehradun	02.01.2013
10	बहरापन(विश्व बधिरता दिवस)	Doordarshan Kendra, Dehradun	27.09.2014
11	गले के रोगव निदान	A.I.R Dehradun Kendra	20/08/2017
12	नाक व कान के रोग - कारण व उपचार		28.02.2018
13	“ Covid 19- कारण व् बचाव ”		13.05.2020
14	“ बहरापन - कारण व् बचाव ”	A.I.R Ranchi Kendra	03.03.2021

15	“ Covid 19- कारण व् बचाव् “	India News (Live)	08.06.2021
16	Ask the Doctor: Does Covid 19 cause permanent hearing loss ?	MOHFW,Gol (News Desk)	03.08.2021
17	Vaccination & Covid protocol	MOHFW, Gol & Jagran dialogue	09.08.2021
18	Covid charcha	MOHFW,Gol (News Desk)	13.10.2021
19	Celebration of 150 Covid vaccinations in India	DD News	07.01.2022
20	Covid & India	DD India	09.01.2022
21	Total Health programme	DD News	23.01.2022
22	Covid 19 precautions	News 18 Hindi	27.01.2022

Dr. Saurabh Varshney: Medical Education/ Management Training:

S.No	Course	Dates	Place	Participation
1	Indo-US Workshop on Problem Based Learning and Computer Oriented Teaching in Medical Sciences	11-13 Nov. 1997	J. N. Medical College. Aligarh Muslim University, Aligarh.	Delegate
2	Workshop on Education Science Technology for Teachers of Health Professionals (NTTC- National Teachers Training Centre).	16th-21st March 1998	Maulana Azad Medical College, New Delhi	Delegate
3	Update in Medical Education & Human resource Development.	27th-30th July, 1999	Himalayan Institute of Medical Sciences; Dehradun.	Delegate
4	Teaching Learning Media and Assessment in Medical Education.	15th-17th Sep. 2000	Himalayan Institute of Medical Sciences; Dehradun.	Resource Person
5	Teaching Learning Media and Assessment in Medical Education.	11th-13th, May 2001	Himalayan Institute of Medical Sciences; Dehradun	Resource Person
6	OSCE Sensitization Workshop	30th - 31st Oct. 2003	National Board of examinations; New Delhi.	Delegate
7	Training Course on Leadership development in Health sector.	.4th -8 th Oct. 2010	National Institute of Health and Family Welfare (NIHFW), New Delhi.	Delegate
8	People Empowerment & Process Enhancement.	18th - 20th April, 2011	Himalayan Institute of Medical Sciences; Dehradun	Delegate
9	Basic Course workshop in Medical Education. Himalayan Institute of Medical Sciences, Dehradun.	17 - 19 Dec. 2012	Himalayan Institute of Medical Sciences; Dehradun	Resource Person
10	Workshop on "Validation of MCQ"	12.04.2014	National Board of examinations, New Delhi.	Delegate
11	Competency Based Curriculum Workshop..	12.10.2015	AIIMS, New Delhi	Delegate
12	National Course on Educational Science for Teachers of Health Professionals.	29.08.2016-02.09.2016	AIIMS Rishikesh	Facilitator

13	Internship Workshop	28 – 29 Nov. 2016 .	.AIIMS Bhubaneshwar	Delegate
14	Basic Simulation Education workshop	3- 4 Aug 2017	AIIMS, Rishikesh	Delegate
15	Workshop on Assessment- MCQ	30.08.2017	AIIMS, Rishikesh	Delegate
16	Workshop on Medical Photography	8- 9, Sep. 2017	AIIMS Rishikesh	Delegate
17	Faculty Development workshop- Medical education-	27 - 29 Nov. 2017	AIIMS, Rishikesh	Co ordinator
18	Workshop on Ethics dilemma and decision making in clinical schedule	06.07.18	AIIMS, Rishikesh	Delegate
19	Workshop- “ Assessment – Objective Structured Practical & Clinical examination”	10.08.18	AIIMS, Rishikesh	Facilitator
20	Workshop on Mentorship,	24.08.18	AIIMS, Rishikesh	Co ordinator
21	Workshop on Good Clinical Practices	04.10.18	AIIMS, Rishikesh	Delegate
22	Workshop- “ Leadership & Patient safety’-	26 – 27 Nov. 2018	AIIMS, Rishikesh	Delegate
23	MCQ Workshop	18.03.2019	AIIMS, Rishikesh	Resource Person
24	OSCE / OSPE Workshop	19.03.2019	AIIMS, Rishikesh	Co ordinator
25	Faculty development workshop on medical education technologies	3 – 5 Apr. 2019	AIIMS, Rishikesh	Co ordinator
26	Workshop on Professionalism, Interpersonal relationship & Communication skills and ethics (PICE)	17-18 September 2019	AIIMS Rishikesh	Resource person
27	Faculty development workshop on medical education technologies	21-24 October 2019	AIIMS Rishikesh	Co ordinator / Resource person
28	PARI- DODS – “ Joint international course (New Delhi- Leeds- Edinburgh) on public health policy	29 Nov- 09 December	New Delhi, London, Leeds	Delegate

	administration in parliamentary democracy”	2019	Edinburgh (U.K.)	
29	Certificate Course- Health Management Systems, Galileo International Management Institute, Israel	25 Dec – 31 Dec 2019	Galileo International Management college , Israel	WHO Fellowship for biennium 2018-19
30	1st Orientation programme DDAs appointed at New AIIMS	09.10.2020	NIHFW, New Delhi	Resource person & Speaker - “Expectations and Challenges”
31	Webinar on Hospital Design and management	16.12.2020	JICA, MOHFW	Delegate
32	Certificate course- GCP- “Good Clinical Practice”- virtual training programme	08.02.2021	Bengal Forum of Clinical Pharmacology & Therapeutics	Delegate
33	OSCE Workshop- OSCE writing workshop	09 – 10, Feb 2021	NBE, New Delhi	Resource Person
34	Webinar- Transforming the health sector: union budget 2021- strategies for implementation	20.02.2021	MOHFW, New Delhi	Delegate
35	Webinar- “AIIMS an institute par excellence:challenges on the way”	13.03.2021	AIIMS Deoghar	Resource person

36	NHSRC (National Health Systems Resource Centre) - NHM Meeting- Training of National trainers- "ENT Care for PHC & UPHC MO"	16.03.2021	MOHFW, New Delhi	Resource Person Master Trainer
37	NHSRC (National Health Systems Resource Centre) - NHM - Training of State trainers- "ENT Care for PHC & UPHC MO"	24.03.2021	MOHFW, New Delhi	Resource Person Observer
38	Faculty Development Programme (FDP)-workshop on Medical Education technologies (Basic course),	07.10.2021 to 10.10.2021	AIIMS Deoghar	Resource Person
39	Health care quality & patient safety : Have we moved the (Swiss) cheese – Webinar	09.12.2021	AIIMS Mangalagiri	Delegate
40	Workshop on MCQs	13.03.2022	AIIMS Deoghar	Resource Person
41	EBM- "Evidence Based Medicine" workshop,	19-23.04.2022	AIIMS Deoghar	Resource Person
42	IPR online course, RGNIPM-Rajiv Gandhi National Institute of Intellectual Property & Mgt., Nagpur (Online)	29.04.2022	AIIMS Deoghar	Delegate
43	IP awareness training, National Intellectual Property Awareness Mission (NIPAM), Intellectual Property Office, India. (Online)	29.04.2022	AIIMS Deoghar	Delegate
44	Chintan Shivir- AIIMS Past, Present & Future	01-	NIHFW, New Delhi.	Delegate &

	(MOHFW) ,	02.09.2022		Resource Person
45	“Grant writing” workshop- ICMR	14-15.10.2022	AIIMS Deoghar	Resource Person
46	Leadership Programme for Mental health system development	05 - 11.11.2022	Delhi- Melbourne, Australia	Delegate
47	Curriculum workshop for alignment of faculty competencies to academic roles & responsibilities (blended)	17.01.2023	MUHS, Nasik	Resource Person
<ul style="list-style-type: none"> • Member Secretary (<u>Founder</u>), Department of Medical Education. Himalayan Institute of Medical Sciences, Dehradun. (1999- 2004). • Member Secretary (<u>Founder</u>), Medical Education cell (MEC), AIIMS, Rishikesh (March 2013 to July 2014) 				

Organized- Academic activities : 101

Research Methodology Training:

S.No	Course	Dates	Place	Participation
1	Workshop on Scientific Writing.	5- 6 March 1999	All India Institute of Medical Sciences; New Delhi.	Delegate
2	Clinical Research Training.	30 th Sep. – 01st Oct. 2010	PPD India.	Delegate
3	Workshop on Scholarly Scientific Writing.	19th - 20th Dec. 2011	VCSG Government Medical college, Srinagar- Garhwal.	Resource Person
4	“Cochrane Workshop”- Systematic review and Meta analysis	30.09.2016	AIIMS Rishikesh	Delegate
5	Workshop on Medical Photography	8- 9, Sep. 2017	AIIMS Rishikesh	Delegate
6	Workshop on Evidence Based Medicine	13- 14, Sep. 2017	AIIMS Rishikesh	Delegate
7	Training Programme- Institute Ethics Committee	01.12.2017	SMC, Dehradun	Resource Person
8	Dissemination workshop(ICMR)-Bioethics & Medical Research Guidelines 2017	14.12.2017	ICMR, PGIMER, Chandigarh	Delegate
9	Research Methodolgy workshop	15.02.2018	ENT Department AIIMS Rishikesh	Organizing Chairman
10	ICMR & NIDCR National workshop- Research Methodology	16 – 20, Feb 2021	AIIMS Deoghar	Resource Person
11	“Grant writing” workshop- ICMR	14-15.10.2022	AIIMS Deoghar	Resource Person

Academic / Administrative contribution

- Expert/ Advisor; Union Public Service Commission, New Delhi (UPSC) (2010,2011, 2013, 2022)
- Expert/ Advisor , Uttarakhand Public Service Commission (2009, 2011, 2014, 2016)
- Expert/ Advisor , J& K. Public Service Commission (2019)
- Expert, Affiliation committee for M.S. (ENT)- H.N.B.Garhwal University (2013, 2014, 2015)
- Expert, Selection Interview Board, Post of Assistant Professor (ENT), Uttarakhand Medical Education, SSB Dehradun (30.01.2019)
- Member, Specialists Board- ENT (National Board of Examinations) (18.02.19)
- Member, Faculty of Medicine, Aligarh Muslim University, Aligarh (for 2 years) (14.03.2019- 13.03.2021)
- Reviewer, AIIMS Bhubaneswar- CO2 Laser specifications & Pre bid (13.06.2018)
- Member, Institute Ethics Committee, AIIMS, Rishikesh (2013-2018)
- Member, Research Advisory Committee, AIIMS, Rishikesh (2014 to 2018)
- Subject Expert, Faculty Recruitment Board, Maulana Azad Medical College, New Delhi.(2013)
- Member, University Inspection team (HNB Garhwal University)- affiliation of MS(ENT), SGRR Medical College, Dehradun (03.04.2017)
- Member, Research Advisory Committee, Govt. Medical College, Haldwani (2017 to till date)
- State Coordinator (Uttarakhand)- NISS (National Initiative Safe Sound)- IMA &AOI National initiative.
- State Nodal officer- Uttarakhand State –National Programme for Prevention and Control of Deafness; Government of India - NPPCD” (since 2006)
- Founder Faculty (E.N.T.), Himalayan Institute of Medical Sciences, Dehradun (13/03/1996 to 18/03/2013)
- Founder, Member Secretary- Medical Education Cell, Himalayan Institute of Medical Sciences, Dehradun
- Founder Professor & Head (E.N.T.), AIIMS. Rishikesh (19/03/2013 to till date)
- Founder, Member Secretary- Medical Education Cell, AIIMS, Rishikesh
- **First Sub Dean (Academics)- AIIMS. Rishikesh (19.12.2014 07.02.2017)**
- Subject Expert (ENT)- Faculty interviews, AIIMS, Jodhpur (2016, 2017, 2019)
- Chairperson, FAC (Final Acceptance Certificate)
- Chairperson, Committee for documents verification for faculty joining
- Member, Core committee- CBME (Competency Based Medical Education) (30.07.2019)
- Member, Career Guidance Cell (11.09. 2019)
- Chairperson – committee – “ Rationalisation of PG seats in various departments” (22.10.2019)

- Reviewed book- “ Head& neck oncology- a handbook”- CRC Press (November 2019)
- Member, Specialists Board- ENT (National Board of Examinations)
- Chairperson, Research Advisory Committee, Govt. Medical College, Haldwani
- Subject Expert, Staff Selection Committee , AIIMS Gorakhpur / AIIMS J
- Member – WHO SEAR Group on deafness
- National Member- IMA Standing Committee for National Initiative for Safe Sound (NISS) (Jharkhand State) (2021)
- National member- IMA Standing Committee on Cancer and Tobacco control. (2021)
- Member, Anti Ragging Committee
- Member, RNTCP Core committee
- Member, Career Guidance Cell
- MBBS 2019- Orientation programme- Lecture- “ Introduction, facility, rules & regulations”
- Chairperson 3 Enquiry committees
- Member, Hospital Infection Control Committee
- Member, Steering committee Convocation 2020
- Member, Disciplinary Enquiry committee – SR Dr Sameer Sharma (13.04.20)
- Member Secretary, 1st Institute Body meeting, AIIMS Deoghar (25.09.2020)
- Member Secretary, 1st Standing Selection Committee meeting, AIIMS Deoghar (03.10.2020)
- Member Secretary, 1st HR Sub Committee (Governing Body) meeting, AIIMS Deoghar (13.10.2020)
- Member Secretary, 1st Standing Academic Committee meeting, AIIMS Deoghar (09.04.2021)
- Conducted Faculty recruitments from 3-6, October 2020 for AIIMS, Deoghar as Member Secretary Selection Committee.
- Subject Expert, Faculty Selection Committee (ENT); IGIMS, Patna (12.09.2020)
- Subject Expert, Faculty Selection Committee (ENT); AIIMS, Jodhpur (30.10.2020)
- Member, 2 member committee- Faculty recruitments 2012, Personal hearing, AIIMS Patna (20.10.2020)
- MoU signed with HITES (06.01.2021); Hind lab (12.01.2021); IIT Dhanbad (12.02.2021); IIM Ranchi (26.03.2021); CIP Ranchi (05.04.2021)
- E Sanjevani- Telemedicine started at AIIMS Deoghar (27.01.2021)
- Honorary Rosalind member of London Journal Press (ID #EM55587)
- National Member- IMA Standing Committee for National Initiative for Safe Sound (NISS) (Jharkhand State) (2021 to till date)
- National member- IMA Standing Committee on Cancer and Tobacco control.(2021 to till date)

- Member- Standing Committee - Building and Auditorium, NAMS (New Delhi)
- Member – WHO SEAR Group on deafness
- Member, Specialists Board- ENT (National Board of Examinations)
- Chairperson, Research Advisory Committee, MRU (ICMR), Govt. Medical College, Haldwani
- National consultant - FOPL (Front of Package Labelling), Gol
- Member, External member of Institute Senate, IIT-ISM, Dhanbad (Jharkhand) {2023-2025}
- Member, HSSC (Health Care Sector Skill Council, under MSDE (Ministry of Skill Development & Entrepreneurship); GOI
- Member, Selection Committee- DDA (Deputy Director Administration) for various AIIMS (Feb 2023)
- Member, Committee on “Allowances” to all AIIMS (MOHFW) (April 2023)
- Chairperson, Committee for negotiation for prorated pension- JIPMER Puducherry (MOHFW)
- Member, Committee to “Strengthen the process of recruitments of faculty & non faculty in various AIIMS” (NITI AYOOG & MOHFW) (June 2023)

Association

- President, Uttarakhand State Branch of AOI (2016-2021)
- President, IMA (Indian Medical Association); AIIMS Rishikesh branch (2018-20)
- Executive Member, Faculty Association AIIMS Rishikesh (FAAR)(2018-20)
- Hon Secretary, North Zone Branch, Association of Otolaryngologists of India (2007 till date)
- Hon Secretary, Uttarakhand State Branch of AOI (2005-2016)
- Governing Body Member, Association of Otolaryngologists of India (AOI) (2012-13)
- Governing Body Member, Association of Otolaryngologists of India (AOI) (2013-14)

Examiner / Evaluator-

- ✓ MBBS – ENT Examiner – since 2000
- ✓ DNB- ENT (Practical) Co ordinator/ Appraiser/ Examiner. – since 2008
- ✓ MS(ENT) Examiner- since 2004
- ✓ DLO Examiner- since 2003
- ✓ Ph D – since 2018
- ✓ UPSC Expert- since 2005
- ✓ PSC (Uttarakhand/ J & K/UP) Expert- since 2003

✓ **International Visits-**

S.No	Country	Year	Period	Purpose
1	Nepal	1997	7 days	Conference
2	U.S.A.- Minneapolis, Pittsburgh, New York	2004	3 months	Training
3	Thailand	2008	3 days	Conference
4	Dublin, Ireland	2009	10 days	Conference /Training
5	Hong Kong	2010	5 days	Conference
6	Singapore	2010	6 days	Conference
7	Singapore	2012	7 days	Training
8	Paris, France	2017	7 days	Conference
9	Bali, Indonesia	2018	5 days	Conference
10	Seoul, South Korea	2018	5 days	Training
11	Pittsburgh, USA	2018	15 days	Training
12	Dubai, UAE	2019	07 days	Conference
13	United Kingdom	2019	12 days	Training
14	Scotland	2019	03 days	Training
15	Israel	2019	10 days	Training
16	Australia	2022	07 days	Training

Abstract of Contributions - Dr. Saurabh Varshney

Experience (Post PG- 28 + years)

1. Publication & Research

- Publications – 336
- Chapters in Books- 10
- Books- 03
- Monograph-01

- Research Projects- 42 (Extramural- 14; Intramural- 28)

2. Professional bodies association

- Fellowship (08) / Membership (23)
- Editorial Board - Chief Editor/Associate Editor / Member/ Advisor (17)
- Reviewer for Journals- (23)- Reviewed > 350 articles till now

3. Public awareness/ Social work

- Radio / Doordarshan talks : 22
- Social welfare Camps – 22

4. Awards / Recognitions- 40

5. National /International programme association-

- State Nodal officer- Uttarakhand State –National Programme for Prevention and Control of Deafness; Government of India - NPPCD” (2006 - 2020)
- State Co-ordinator- Uttarakhand State –National Initiative for Safe Sound- NISS” (AOI-IMA initiative) (2016 -2020)
- Indian Contact, International Agency on Tobacco & Health (IATH), United Kingdom (2000-2008)
- IMA- AMS – Honorary Professor (Indian Medical Association- Academy of Medical Sciences) (2020)
- National Member- IMA Standing Committee for National Initiative for Safe Sound (NISS) (Jharkhand State) (2021 till date)
- National member- IMA Standing Committee on Cancer and Tobacco control. (2021 till date)
- Member- Standing Committee - Building and Auditorium, NAMS (New Delhi)
- Member – WHO SEAR Group on Deafness
- Member, WHF (World Hearing Forum), WHO
- Member, Specialists Board- ENT (National Board of Examinations)
- Chairperson, Research Advisory Committee, MRU (ICMR), Govt. Medical College, Haldwani
- National consultant - FOPL (Front of Package Labelling), GoI
- Member, External member of Institute Senate, IIT-ISM, Dhanbad (Jharkhand) {2023-2025}
- Member, HSSC (Health Care Sector Skill Council, under MSDE (Ministry of Skill Development & Entrepreneurship); GOI

6. Organized Academic activities (Patron/Co- Patron/Org. Chairman/Org. Secretary) - 101

Special contribution- First to-

- Perform Endoscopic Skull base surgery in Uttarakhand state (2007)
- Perform Endoscopic Hypophysectomy surgery in Uttarakhand state (2009)
- Perform Cochlear implant surgery in Uttarakhand state (2012)
- Perform TORS-Trans Oral Robotic Surgery for Head neck (2018)
- Conduct research on – “Auditory effects of mobile phone usage”,(2012) (based on which awarded- Extramural research project by DST as a mission mode project (2015).
- Start Department of Otorhinolaryngology, Himalayan Institute of Medical Sciences, Dehradun (1996)
- Start Department of Otorhinolaryngology, All India Institute of Medical Sciences, Rishikesh. (2013)
- Start All India Institute of Medical Sciences, Deoghar (Jharkhand) as Executive Director & CEO

Contribution to Medical Education-

- **1996- First Faculty to join** in ENT Department as Assistant Professor (March 1996) till March 2013 (Professor & Head) created a State of Art Department- running courses- Medical- MBBS, MS(ENT),Ph. D (ENT); Audio logical- DHLS (Diploma in Hearing Language and Speech), BASLP (Bachelors in Audiology Speech and Language Pathology) recognized by MCI and RCI. **{Himalayan Institute of Medical Sciences, Dehradun }**
- **2013- First Faculty to join** in ENT as Professor & Head (March 2013)- running courses- Medical- MBBS, MS(ENT),Ph. D (ENT); M.Ch (Head and Neck Surgery) successfully. **{All India Institute of Medical Sciences, Rishikesh (Uttarakhand) }**
- **2020- First and Founder Executive Director & CEO** - All India Institute of Medical Sciences, Deoghar (Jharkhand)- joined on deputation (June 2020) .**{All India Institute of Medical Sciences, Deoghar (Jharkhand) }**

Started- Medical Education Department at-

- Himalayan Institute of Medical Sciences, Dehradun (1997- 2013)
- All India Institute of Medical Sciences, Rishikesh (2013-2016)
- All India Institute of Medical Sciences, Deoghar (2020)

Special Interest-

- ✓ Medical Education
- ✓ Deafness Prevention and Surgery
- ✓ Endoscopic Sinus and Skull base surgery
- ✓ Robotic Head neck Surgery

Clinical Research Field-

1. Unilateral Sensorineural Hearing Loss (*Pioneering work- Maximum publications from India*)

- **Varshney S.** Unilateral Sensorineural Hearing Loss (USNHL) – Still a challenge to manage. Otolaryngology International. 1 (1) (Jan- June 2016);19-21.
- Bansal D., **Varshney S.**, Malhotra M., Joshi P., Kumar N. Unilateral Sensorineural Hearing Loss (USNHL) – a retrospective study. Indian J Otol. .2016;22:262-7.
- Tyagi AK, Gupta K, Kumar A. .**Varshney S.**,Sood R., Malhotra M. Madhu , Gupta M., Bhardwaj A. Rare Causes of Unilateral Sensorineural Hearing Loss in Adults: Our Experience. Indian J Otolaryngol Head Neck Surg <https://doi.org/10.1007/s12070-020-01837-6> (online published)
- Gupta K, **Varshney S**, Tyagi AK, Kumar A, Tyagi AK, Sood R. Epidemiological study of Unilateral Sensorineural Hearing loss (USNHL) in adults. Indian Journal of Otology. Accepted on 1st April 2021.
- Sood R.,**Varshney S.**, ,Kumar A., Gupta k., Malhotra M.,Tyagi AK .Impact of Unilateral Sensorineural Hearing Loss on Quality of Life. Archives of Otolaryngology and Head & neck Surgery. (accepted)
- **Varshney S.**,Kumar N., Tyagi AK, Kumar A., Yadav MC, Malhotra M., Priya M. ,Bhardwaj A. Unilateral Sensorineural Hearing Loss (USNHL) : a retrospective study of incidence . Indian J Otolaryngol Head Neck Surg 2020 (July) [Published online 24 July 2020 <https://doi.org/10.1007/s12070-020-01973-z>
- Kumar A. **Varshney S.** Spectrum of Handicap in Unilateral Sensorineural Hearing Loss. American Journal; of Otolaryngology- Head and Neck Medicine and Surgery.. (Accepted)

- Gupta, K., Tyagi, A.K., **Varshney, S.** ,Sood R., Kumar A.. Role of Blood Investigations in Idiopathic Unilateral Sensorineural Hearing Loss. Indian J Otolaryngol Head Neck Surg (2021). <https://doi.org/10.1007/s12070-021-02413-2>
- Gupta K; **Varshney S.** Epidemiological study of Unilateral Sensorineural Hearing Loss (USNHL) in adults .International Journal of Otolaryngology. (Accepted)

2. EMF Radiation of mobile phone and its auditory effects

- Conduct research on – “Auditory effects of mobile phone usage”,(2012) (based on which awarded- Extramural research project by **DST as a mission mode** project (2015).(Grant 51 Lacs)

Guest Lecture- “ Mobile phones- auditory effect”	30.08.2014	SOUND HEARING 2030	SOUND HEARING 2030 (International Conference), New Delhi
Guest Lecture- “EMF radiation effect from mobile phone on ears”	13.02.2015	IIT Delhi	1st World Congress- Ear & Hearing care, New Delhi (12-14 Feb 2015)
Shri Jitender Jain & Smt. Sharda Jain memorial Oration- “Mobile phone- How safe for ears?”	11.04.2015	AOI, Uttarakhand	X th Annual Conference, AOI Uttarakhand State

- Bhagat S., **Varshney S.**,Bist SS,Goel D.,Mishra S.,Jha VK. Effects on auditory function of chronic exposure to electromagnetic fields from mobile phones. ENT- Ear Nose & Throat Journal; 2016, 95(8):E18-22.
- S. Bhagat, **S. Varshney**, S.S. Bist, S. Mishra, V.K. Jha, V. Aggarwal: Effects Of Chronic Exposure To Mobile Phones Electromagnetic Fields On Inner Ear. The Internet Journal of Otorhinolaryngology. 2012 Volume 14 Number 2. DOI: 10.5580/2c0e –

- **Varshney S**, Malhotra M, Sharma S, Aggarwal P. Specific Absorption Rate (SAR) value of mobile phones: An awareness study among mobile users. Indian J Comm Health. 2018; 30, 2: 156 - 162.
- **Varshney S**, Varshney P..Mobile Phone and Auditory effects ?-Time to think.Otorhinolaryngology International.2019 4(1):17-21.
- Sharma S.,**Varshney S**.,Agarwal P.,Bhadoria AS, Gupta P. Mobile Phone Usages Patterns among Adults Visiting a Tertiary Care Hospital in Uttarakhand. Postgraduate Medicine (Accepted)
- **Varshney S**, Angral S, Aggarwal P, Sharma S, Kumar N, Sasanka KSBS, Aanand P. Effect of Electromagnetic Radiation from Mobile Phones on Auditory Brainstem Response. Indian J Otolaryngol Head Neck Surg. 2023 Apr;75(Suppl 1):380-392. doi: 10.1007/s12070-022-03384-8. Epub 2023 Jan 29. PMID: 37206726; PMCID: PMC10188679.

Dr. Saurabh Varshney- Tobacco Control activities

- **National member- IMA (Indian Medical Association) Standing Committee on Cancer and Tobacco control. (2021)**
- **Indian Contact, International Agency on Tobacco & Health (IATH), United Kingdom (2000-2008)**
- **International Guest Scholar (IGS), American College of Surgeons- 2004**
- **Lance Armstrong Travel Fellowship, (Tobacco Control) – 2009**
- **UICC Tobacco Grant recipients 2005**

Organized

- Half day training programme on tobacco control (WHO- IMA-AIIMS Deoghar) at AIIMS Deoghar (31.05.2021) as Org. Chairman (Sponsored by WHO)
- Half day training programme on Tobacco cessation (WHO-IMA-NTCP-AIIMS Deoghar collaboration) (31.05.22)
- Half day training programme on Tobacco cessation (WHO-IMA-NTCP-AIIMS Deoghar collaboration) (31.05.23)

Courses attended

- ✓ **Certificate course – Global Tobacco Control**; John Hopkins Bloomberg School of Public Health, Baltimore, U.S.A. (2010)
- ✓ **Certificate course – Second Hand Tobacco Smoke**, John Hopkins Bloomberg School of Public Health, Baltimore, U.S.A. (2012)
- ✓ **National training workshop** on strengthening monitoring & evaluation of NTCP/MPOWER in the country- prioritising and reorienting public health institutes & national institutes of eminence (**UICC**)” (10 -12 June 2021)
- ✓ National training workshop on strengthening monitoring and evaluation of NTCP/MPOWER in the country. Bengaluru (14.12.2021 to 17.12.2021)
- ✓ Workshop on screening & brief interventions for Tobacco use (WHO), AIIMS Deoghar (07.05.2022)
- ✓ Tobacco cessation workshop (for MBBS Students), AIIMS Deoghar (14.05.2022)
- ✓ Strengthening effective law enforcement for advancing tobacco control in India with stronger policy initiations. NLU Bhubaneshwar (Odisha) (21.04.2023)
- ✓ 2nd National consultation on Bidi lifecycle & health & economic burden of Bidi consumption in India. SPH, AIIMS Jodhpur. (19.05.2023) – Faculty
- ✓ Good replicable & Innovative practices of Tobacco control in India. (ECHO- SIPHER), (07.06.2023) – Chief Guest

Tobacco Research grant received-

- ✓ **Tobacco Control Technology Grant (TCTG)**; International Union Against Cancer (**UICC**),U.K. (2005) (Rs 1,20,000)
- ✓ **Lance Armstrong Travel Scholarship**; Live strong Foundation, UK - Live strong Global Cancer summit; Ireland (2009)
- ✓ **WHO** Funding for- Half day training programme on tobacco control (WHO- IMA-AIIMS Deoghar) at AIIMS Deoghar (31.05.2021) (Rs 1,36,000)
- ✓ **WHO** Funding for- Half day training programme on tobacco control (WHO- IMA-AIIMS Deoghar) at AIIMS Deoghar (31.05.2022) (Rs 1,50,000)
- ✓ Prevalence of alcohol and tobacco use among patients with COVID-19 and its influence on COVID-19 outcomes in Deoghar district of Jharkhand State. (Funded by **WHO** – 15.67 Lacs)
- ✓ Strengthening commitment to tobacco control through stronger participation of medical institutions to counter tobacco industry interference. (Funded by **The Union**- 1.3 Crores)

International Conferences attended-

- Live strong Global Cancer summit; Ireland (2009)- *on scholarship*
- 15th World Conference on Tobacco or Health (WCTOH) concluded today in Singapore- *presented paper*

Radio talks : 04

S.No.	Topic	Broadcast/Telecast	Date
1	तम्बाकू का सेवन और हमारा स्वास्थ्य	AIR, Dehradun	31/05/1998
2	नशा और हमारा स्वास्थ्य		26/09/1999
3	ENT-ON LINE-Telephone prog		10/11/2000
4	मुँह का कैंसर		03/03/2002

Research Projects Completed

1. Tobacco Use Among Medical Graduates, Postgraduates and Faculty of Tertiary Health Care Centre- (2010)
2. MicroCO meter™ Aided Screening of Smoking :A Correlation Validation Study with Oral based Questionnaire (2011)
3. An epidemiological study of tobacco use amongst intercollege students in Rishikesh (2015)

Research Projects Going on

1. Prevalence of alcohol and tobacco use among patients with COVID-19 and its influence on COVID-19 outcomes. **(Funded by WHO – 15.67 Lacs)**
2. Strengthening commitment to tobacco control through stronger participation of medical institutions to counter tobacco industry interference. **(Funded by The Union- 1.3 Crores)**

Research Publications-

1. Aggarwal P, **Varshney S**, Kandpal SD, Gupta D. **Tobacco smoking status as assessed by oral questionnaire results 30% under-reporting by adult males in rural India: A confirmatory comparison by exhaled breath carbon monoxide analysis.** *J Fam Med Primary Care* .2014; 3 (3): 199-203.
2. **Varshney S**, Gupta P. **Hazards of Tobacco Addiction** .*Physician's Digest* . 1997; 5:44-49
3. **Varshney S. Engaging Doctors in Tobacco Control.** *Otolaryngology International*, 2016;1(2):37-40. Aggarwal P., Varshney S., Kandpal SD, Gupta P. Habits and beliefs to tobacco among undergraduates of a medical college in the state of Uttarakhand.. *JIACM*.2012;13(3):189-94.
4. **Varshney S. SWOT Analysis- Tobacco issue: Uttarakhand.** Souvenir of – “Nuclear Medicine Symposium”-2018; AIIMS Rishikesh.
5. **Varshney S., Varshney P.. Tobacco control: SWOT Analysis- Uttarakhand State.** *Otorhinolaryngology International*. 3(2):5-8.

Life Member - • Voice of Tobacco Victims (VoTV) (since – 2010)

Orations & Guest Lectures :

	Oration	Date	Details	Event
1	A.O.I Oration	03.03.2013	Association of Otolaryngologists of India, Rajasthan	Annual Conference, AOI Rajasthan State
2	Guest Lecture: “Fluticasone Furoate in Allergic Rhinitis”	25.04.2013	Indian Medical Association	Indian Medical Association, Vikas Nagar (Dehradun)
3	Guest Lecture- “ Surgical management of Thyroid nodule”	11.08.2013	North India Thyroid Society	THYROCON 2013, Annual Conference, North India Thyroid Society (Saharanpur),
4	Guest Lecture- ‘Retrosternal Giotre”	26.10.2013	Association of Otolaryngologists of India (AOI)- Uttar Pradesh	32nd UPCON (Annual Conference UP AOI), Agra.
5	I.J.O Oration - “Ossiculoplasty”	09.11.2013	Indian Journal of Otology	19 th Cochlear implant and Live Surgery Workshop, New Delhi
6	Dr. G.S.Grewal Plenary Lecture- “TNTS Hypophysectomy”	10.01.2014	Association of Otolaryngologists of India (AOI)	Association of Otolaryngologists of India (AOI)
7	Guest Lecture, “ Anterior Craniofacial resection for Tumours of Nose and PNS”	01.03.2014	NSSI (Neurosurgeons Society of India)	NSSI Conference, AIIMS, Rishikesh
8	USAOI Oration- “CT scan for FESS”	30.03.2014	Association of Otolaryngologists of India (AOI)- Uttarakhand State	IXth Annual Conference, AOI Uttarakhand State
9	North Zone AOI Oration- “Obstructive Sleep Apnea”	04.05.2014	Association of Otolaryngologists of India (AOI)- North Zone	Annual Conference- North Zone Association of Otolaryngologists of India (AOI)- New Delhi
10	Guest Lecture- “Endoscopic Hypophysectomy	28.05.2014	Institutional Lecture	GRD Gargi Medical College, Ujjain
11	Guest Lecture- “ Mobile phones- auditory effect”	30.08.2014	SOUND HEARING 2030	SOUND HEARING 2030 (international Conference), New Delhi
12	Guest Lecture – “Anterior CFR- Nose & PNS Tumours”	07.10.2014	National Academy of Medical Sciences	NAMSCON 2014, AIIMS,Rishikesh (October 2014)
13	Guest Lecture- “EMF radiation	13.02.2015	IIT Delhi	1st World Congress- Ear &

	effect from mobile phone on ears”			Hearing care, New Delhi (12-14 Feb 2015)
14	Shri Jitender Jain & Smt. Sharda Jain memorial Oration- “Mobile phone- How safe for ears?”	11.04.2015	Association of Otolaryngologists of India, Uttarakhand	X th Annual Conference, AOI Uttarakhand State
15	Guest Lecture- “FESS – Prevention of complications”	11.04.2015	Association of Otolaryngologists of India, Uttarakhand	X th Annual Conference, AOI Uttarakhand State
16	Guest Lecture- “Complications in Thyroid Surgery”	22.08.2015	Northern India Thyroid Society	NTSCON- 2015 (Annual Conference Northern India Thyroid Society Conference)
17	Guest Lecture- “AVM of Head neck”	01.11.2015	Indian Academy of Otolaryngologists and Head Neck Surgeons	Annual Conference of Indian Academy of Otolaryngologists and Head Neck Surgeons, Chandigarh
18	Guest Lecture- “Lamellar concept of FESS	20.12.2015	Association of Otolaryngologists of India, Uttar Pradesh	UP AOI CME
19	Dr B.Kumar memorial Oration	02.04.2016	Association of Otolaryngologists of India, Uttarakhand	XI th Annual Conference, AOI Uttarakhand State
20	Guest Lecture- “ Public Health Strategies in presentation of Otitis media	30.07.2016	MAMC, New Delhi	‘Otitis Media’- Primary to Tertiary solutions “ symposium (Sound Hearing 2030). MAMC, New Delhi
21	Guest Lecture- “Complications & management in Thyroid Surgery”	21.08.2016	North India Thyroid Society	NTSCON 2016- North India Thyroid Society Annual Conference, Hardwar
22	USAOI Oration	04.05.2016	Association of Otolaryngologists of India, Uttarakhand	XII th Annual Conference, AOI Uttarakhand State
23	Dr V.P.Sood Oration	05.03.2016	Association of Otolaryngologists of India, New Delhi	40 th Annual Conference, AOI New Delhi State
24	Guest Lecture- “ Tricks of Endoscopic Hypophysectomy”	09.09.2016	Skull Base Group of India	Skull BASECON 2016 (Conference & Workshop). SMS Medical College, Jaipur
25	Oration- “Dr. B.Kumar Memorial”	07.04.2017	Association of Otolaryngologists	XIII th Annual Conference, AOI

			of India, Uttarakhand	Uttarakhand State
26	Guest Lecture- “ ABR audiometry & its role in clinical practice”	29.07.2017	AIIMS Rishikesh	CME on Neuro-physiology : Techniques & applications
27	Dr. B.Harnath Oration	16.09.2017	Association of Otolaryngologists of India, Andhra Pradesh	36 th Annual Conference, AOI AP State
28	Golden Jubilee Commemoration Award Lecture	29.10.2017	National Academy of Medical Sciences (NAMS)	National Conference – NAMS , Amritsar
29	Dr. P.P.Karnik Oration	02.02.2018	Neuro-otological Equilibriometric Society of India (NES)	Annual Conference of NES, AIIMS Patna
30	Smt. Kriti Gupta Memorial Oration	07.04.2018	Association of Otolaryngologists of India, Uttarakhand	XII th Annual Conference, AOI Uttarakhand State
31	Guest Lecture- “ Thyroid nodule”	19.08.2018	Northern Thyroid Society	THYROCON – 2018 (Annual meeting- Northern Thyroid Society), Chandigarh
32	AFMC Oration- “Noise- A non visible health hazard”	06.09.2018	Armed Forces Medical College (AFMC), Pune	Armed Forces Medical College (AFMC), Pune
33	Guest lecture – Anterior craniofacial resection	06.10.2018	All India Rhinology Society	RHINOCON 2018 (Annual conference- All India Rhinology Society), Bhubaneshwar
34	Guest Lecture- Cochlear implant	24.10.2018	JNMC, AMU, Aligarh	National Otology workshop- 2018 (Live Cochlear implant & Cadaveric Temporal bone dissection), Aligarh
35	Guest Lecture- # Nasal skeleton	30.11.2018	AO	AO CMF – Seminar- Introductory course , Rishikesh
36	Key note address- “Vertigo- a challenge to win”	02.02.2019	Association of Otolaryngologists of India, Haryana	Vertigo Update & Workshop, Haryana
37	Guest Lecture- “Unilateral Sensorineural Hearing Loss”	21.02.2019	Sound Hearing – 2030	2nd Sound Hearing – 2030 – World conference, Bali Indonesia
38	“University Extension Lecture” (Guest Lecture)- “ Coblation Fundamentals Performed Live surgery	24.04.2019	J.N.Medical College, AMU, Aligarh	Coblation CME

39	Guest Lecture- "Endoscopic Hypophysectomy"	27.04.2019	Middle Est Academy of Otolaryngology and Head neck surgery	ME – OTO, 16th Annual meeting of the Middle Est Academy of Otolaryngology and Head neck surgery, Dubai (UAE)
40	Guest Lecture- Anterior CFR	17.08.2019	IAOHNS	6th IAOHNS Conference & 11th SAARC Conference, Gurugram Haryana
41	Guest Lecture	01.09.2019	All India Rhinology Society	RHINOCON 2019, Chandigarh
42	Guest Lecture- Bell's Palsy	22.02.2020	Neuro Equilibriometric Society of India	NES 2020 (Neuro Equilibriometric Society of India), Patna
43	Key note speaker- "Prevention of Deafness"	01.03.2020	International Otology workshop	International Otology workshop
44	Guest Speaker (Resource Person) Topic- "Telehealth for EHC in rural parts of India"	24.06.2020	WHO	WHO Webinar – "Telehealth for EHC (Ear & Hearing Care) in times of covis and beyond ", Geneva, Switzerland
45	Key Note address	27.04.2021	ILBS, New Delhi	National Webinar – "Prevention & Control of NAFLD"
46	Guest Lecture "Tobacco control- Indian perspective"	31.05.2021	AIIMS Deoghar (Sponsored by WHO)	Half day training programme on tobacco control (WHO- IMA- AIIMS Deoghar)
47	Guest Speaker- "Covid & Rural India"	02.06.2021	Yuva Chetna, India	National Webinar on Covid and India
48	Guest Lecture- "ROM and Covid 19- approach to diagnosis & management"	03.06.2021	Cardio- Diabetic Society of India (AIIMS Rishikesh)	Mucormycosis & Covid 19 – an update (National Webinar)
49	Guest Lecture- "Etiopathogenesis of mucormycosis & its clinical manifestations"	05.06.2021	AIIMS, Bilaspur	Mucormycosis : Practical tips for management (National Webinar)
50	Guest Lecture- "Mucormycosis Relapse- reasons"	23.07.21	Microlabs, India	Mucormycosis : Relapse (National Webinar)
51	Guest Lecture- "BPPV – Canal	20.09.2021	AIIMS, Bibinagar	National CME on vertigo &

	switch & re entry phenomenon”			imbalance- path to equilibrium
52	Oration- “Dr B.C.Roy memorial oration”- Topic- “AI IN Otorhinolaryngology training”,	12.03.2022	Muzaffarnagar (UP)	Rhinoplasty update,
53	Oration- “Sri Jitendra Jain & Smt. Sharda Jain memorial”- Topic- “AI in Otorhinolaryngology training”,	14.04.2023	Rishikesh (Uttarakhand)	USAESCON- Uttarakhand State Conference of AOI , Dehradun